

**BUILT WITH CHOCOLATE MILK OLYMPIC PROGRAM ANR SCRIPT DRAFT –
FINAL**

ANNCR: SKI JUMPING HAS ALWAYS BEEN ONE OF THE MOST THRILLING EXTREME SPORTS, BUT WOMEN HAVE NEVER BEEN ALLOWED TO PARTICIPATE ALONGSIDE THEIR MALE COUNTERPARTS AT THE HIGHEST LEVEL. AFTER PUSHING FOR THEIR RIGHTFUL PLACE ON SPORT'S BIGGEST STAGE THE TEAM WILL COMPETE IN RUSSIA, 2014. FEMALE SKI JUMPER JESSICA JEROME COMMENTS:

JESSICA JEROME: THIS IS THE FIRST TIME THAT GIRLS HAVE BEEN ALLOWED TO COMPETE AT THAT LEVEL AND WHEN YOU MEET PEOPLE AND YOU TELL PEOPLE THAT, THEY THINK ABOUT IT AND THEY SAY, YOU KNOW WHAT? YOU'RE RIGHT BUT I NEVER REALLY REALIZED IT.

ANNCR: THOUGH IT'S THE FIRST YEAR THE GIRLS WILL BE COMPETING ON THE WORLD'S STAGE, THEY'RE USED TO TRAINING HARD AND RECOVERING EFFECTIVELY AFTER TOUGH WORKOUTS TO GET TO THE NEXT WORKOUT EVEN STRONGER. FEMALE SKI JUMPER ABBY HUGHES TALKS ABOUT WHY SHE INCORPORATES LOWFAT CHOCOLATE MILK INTO HER RECOVERY:

ABBY HUGHES: CHOCOLATE MILK IS GREAT FOR THAT BECAUSE IT DOES HAVE GOOD PROTEIN; IT DOES HAVE GOOD CARBS THAT YOU NEED TO HAVE

FOR YOUR BODY TO BE REJUVENATED AND TO ACTUALLY GAIN SOMETHING FROM YOUR WORKOUT.

ANNCR: MORE THAN TWENTY STUDIES NOW SUPPORT THE BENEFITS OF CHOCOLATE MILK FOR POST-EXERCISE RECOVERY. FOR MORE INFO, VISIT GOTCHOCOLATEMILK.COM.