

BOB:

SPRING IS HERE AND NEW YEARS RESOLUTIONS ARE AN AFTERTHOUGHT.

**HOWEVER, IT'S IMPORTANT TO ALWAYS REMEMBER TO MAKE TIME FOR
HEALTHY HABITS. I'M BOB PAYNE.**

**IT'S HARD TO EAT WELL-BALANCED MEALS AND GET A FULL NIGHT'S SLEEP
WITH HECTIC SCHEDULES. REGISTERED DIETITIAN AND BEST-SELLING
AUTHOR DAVE GROTT:**

DAVE: WITH SPRING IN THE AIR, WE'RE READY TO TAKE ON EVERYTHING THE NEW
SEASON HAS TO OFFER. BUT, THAT CAN ALSO MEAN PROPER NUTRITION
MIGHT TAKE A BACK SEAT WHEN WE ARE ALWAYS ON THE GO. I'M PROUD TO
PARTNER WITH NATURE MADE, MAKERS OF VITAMELTS, A FAMILY OF GREAT-
TASTING VITAMIN SUPPLEMENTS THAT MELT SMOOTHLY IN YOUR MOUTH AND
COME IN NATURAL FLAVORS LIKE CREAMY VANILLA AND CHOCOLATE MINT.
PREPARE TO DELIGHT YOUR TASTEBUDS WITH AN ALL NEW VITAMIN
EXPERIENCE. VITAMELTS ARE PERFECT FOR GETTING THE NUTRIENTS YOU
NEED ANYTIME, ANYWHERE.

BOB:

**TALK TO YOUR DOCTOR ABOUT WHICH SUPPLEMENTS ARE RIGHT FOR YOUR
INDIVIDUAL NEEDS. FOR MORE INFORMATION AND TO GET A DOLLAR OFF
COUPON FOR VITAMELTS VISIT NATURE MADE'S FACEBOOK PAGE.**