

BOB:

SPRING IS HERE AND NEW YEARS RESOLUTIONS ARE AN AFTERTHOUGHT.

HOWEVER, IT'S IMPORTANT TO ALWAYS REMEMBER TO MAKE TIME FOR

HEALTHY HABITS. I'M BOB PAYNE.

IT'S HARD TO EAT WELL-BALANCED MEALS AND GET A FULL NIGHT'S SLEEP

WITH HECTIC SCHEDULES. REGISTERED DIETITIAN AND BEST-SELLING

AUTHOR DAVE GROTTO:

DAVE: WITH SPRING IN THE AIR, WE'RE READY TO TAKE ON EVERYTHING THE NEW

SEASON HAS TO OFFER. BUT, THAT CAN ALSO MEAN PROPER NUTRITION

MIGHT TAKE A BACK SEAT WHEN WE ARE ALWAYS ON THE GO. I'M PROUD TO

PARTNER WITH NATURE MADE, MAKERS OF VITAMELTS, A FAMILY OF GREAT-

TASTING VITAMIN SUPPLEMENTS THAT MELT SMOOTHLY IN YOUR MOUTH AND

COME IN NATURAL FLAVORS LIKE CREAMY VANILLA AND CHOCOLATE MINT.

PREPARE TO DELIGHT YOUR TASTEBUDS WITH AN ALL NEW VITAMIN

EXPERIENCE. VITAMELTS ARE PERFECT FOR GETTING THE NUTRIENTS YOU

NEED ANYTIME, ANYWHERE.

BOB:

TALK TO YOUR DOCTOR ABOUT WHICH SUPPLEMENTS ARE RIGHT FOR YOUR

INDIVIDUAL NEEDS. FOR MORE INFORMATION AND TO GET A DOLLAR OFF

COUPON FOR VITAMELTS VISIT NATURE MADE'S FACEBOOK PAGE.