

RISE: WITH OUR RECORD SUMMER TEMPERATURES, ARE YOU DOING MORE LAUNDRY THAN USUAL? I'M RISE JILL MILLER.

YOU MIGHT JUST BE THROWING YOUR SWEATY CLOTHES IN THE WASHER AND DRYER, BUT THERE ARE SOME KEY STEPS FOR CLEANER CLOTHES. LAUNDRY EXPERT AND MOM, TARA ARONSON:

TARA: THOUGH LAUNDRY'S PILING UP, IT'S EASY TO MAKE IT EFFICIENT. RINSE AWAY SPILLS RIGHT AWAY TO PREVENT STAINS AND PRE-TREAT THE REALLY DIRTY CLOTHES. AFTER THEY'VE BEEN WASHED, CHECK FOR ANY REMAINING STAINS AND RE-TREAT AS NEEDED BEFORE DRYING. AND, BE SURE TO READ FABRIC CARE LABELS.

RISE: WITH ALL THE LAUNDRY WE'RE DOING, ANY SUGGESTIONS FOR MORE EFFICIENT OR GREEN TYPE OF WASHERS & DRYERS?

TARA: I RECOMMEND FRONT LOAD WASHERS LIKE THE FRIGIDAIRE AFFINITY. RECOGNIZED AS THE MOST EFFICIENT OF ENERGY STAR IN TWO THOUSAND TWELVE, THE AFFINITY DELIVERS A BETTER CLEAN IN LESS TIME. THAT WAY I CAN GET THE MOST OUT OF LIFE WITH MY KIDS ... AND THEN GET IT OUT OF THEIR CLOTHES. THE READY CLEAN™ SYSTEM GENTLY CLEANS CLOTHES AND USES A FRESH WATER RINSE GIVING A BETTER CLEAN. AND, BEST OF ALL, THE WHOLE WASH-DRY CYCLE IS ONLY FORTY-FIVE MINUTES!

RISE: FOR MORE, VISIT FRIGIDAIRE DOT COM.