

HOST: IT'S TIME TO GRAB LIFE BY THE HANDLEBARS. I'M RISE JILL MILLER.

MAY IS NATIONAL BIKE MONTH. AND FOR RIDERS, WHETHER THEY PEDAL ON PAVED ROADS OR DIRT TRAILS, TRACKING WORKOUTS AND HITTING NEW GOALS IS KEY. AWARD WINNING PROFESSIONAL CYCLIST GEORGE HINCAPIE HAS TEAMED WITH MOTOROLA MOBILITY TO ENCOURAGE RIDERS OF ALL LEVELS TO GET MOVING WITH MOTOACTV - THE ALL-IN-ONE GPS FITNESS TRACKER AND SMART MP3 PLAYER.

TRAINING TOOLS LIKE THESE HAVE HELPED HINCAPIE, IN HIS NINETEENTH SEASON, HAVE THE SAME LOVE FOR THE SPORT AS HE DID WHEN HE STARTED RIDING:

GH: "I'M CURRENTLY TRAINING FOR MY SEVENTEENTH TOUR DE FRANCE AND RELY ON TODAY'S TECHNOLOGY TO HELP ME STAY ON TRACK. MOTOACTV HAS AN ONLINE TRAINING PORTAL THAT SYNC'S WIRELESSLY TO MY DEVICE, MAKING SETTING GOALS AND TRACKING MY PROGRESS EASIER THAN EVER BEFORE. I HAVE TOTAL FREEDOM TO ENJOY MY RIDE."

HOST: SO WHAT ARE YOU WAITING FOR? GET ROLLING! VISIT MOTOACTV DOT COM FOR MORE CYCLING TIPS FROM THE EXPERTS AND TO LEARN MORE.